



The Inner North Community Foundation believes that skills around employment are the basis for participating in life, not just work. In 2013, \$316,000 has been distributed to charitable community organisations in Yarra, Darebin and Moreland, bringing our total investment in the local community since 2008 to \$1,100,000.

Inner North Community Foundation Pathways to Employment projects 2013/14:

- Bridgingworx Inc – Fresh Start Employment Program \$17,000
- Carinya Society – Access Employment Program \$15,000
- Carringbush Adult Education – Making Work Experience Work \$7,000
- CERES Community Environment Park – Cooking for Change \$15,000
- Disability Sport and Recreation – Sportworks \$12,000
- Inner Northern Local Learning and Employment Network – Aspiring Leaders Program \$15,000
- Melbourne City Mission – Darebin Office Skills \$15,000
- Mission Australia – Charcoal Lane, Camp Jungai, Life Skills and Cultural Awareness Training \$15,000
- Outer Urban Projects - Zone 2 Events and New 2 Art \$30,000
- Project Respect – Choices to Exit the Sex Industry \$25,900
- Rotary Next Step Trust – Rotary Next Step Program \$10,000
- The Social Studio – the Cutting Table \$12,500
- Spectrum Migrant Resource Centre - Employment Preparation \$12,000
- St Mary's House of Welcome – Pathways to Employment \$15,000
- Sussex Neighbourhood House – Employment Project \$15,530
- Victorian Aboriginal Child Care Agency – Aboriginal Youth Art Mentoring Project \$17,500
- Victorian Association for the Care and Resettlement of Offenders – Second Chance Cycles \$20,000
- Yarra Community Housing – Yarra Community Housing Employment Program \$20,000
- Youth Projects – JAM Project \$24,980



For more information or to support these projects go to: www.innernorthfoundation.org.au

Help for jobseekers

\$314,000 FOR COMMUNITY GROUPS TO RAISE PROSPECTS

Among the beneficiaries were young Melbourne residents of Pacific and Moreland, where other community organisations like the North East Community Foundation and Darebin Community Centre have been helping community groups in Moreland, Darebin and North East Melbourne to break down employment barriers.

The foundation announced funding for its projects as part of the 2013-14 Financial Year. The funding will be distributed to 12 community groups that will benefit Moreland residents.

Foundation chairwoman Julie Brown said employment in the pathway to a better life is a goal that people are striving for. She said the funding will help people to gain the skills and experience needed to secure a job.

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Yarra-Rails, from Bridgingworx. Funded by job seekers Nita Luu and Lenora Tokam.

INGT: Key donor in creating pathways to employment

Inner Northern Group Training is the key donor for the Inner North Community Foundation. The relationship commenced in 2007 when INGT decided that a Community Foundation would be a great way to:

- help contribute to its community, and encourage philanthropy in the region
- support local charitable organisations working in pathways to employment
- assist other causes that help the most disadvantaged and at risk groups in Melbourne's north.

INGT has made a commitment of \$5 million over ten years to the Inner North Community Foundation. Every dollar goes directly to community grants.

In addition, INGT provides operational support for the Inner North Community Foundation.

The relationship between INGT and the Inner North Community Foundation is a fabulous example of a business encouraging others to contribute to the community in which they live and work.



Alan Brown

FAST FACTS HEALTH & WELLBEING

Research suggests that most of us are spending more than half of our day being sedentary. The *Australian Diabetes, Obesity and Lifestyle study* found adults spend:

Source: www.abc.net.au/health/

57%
of time engaged in sedentary activities

38%
of time engaged in light intensity activities

5%
of time doing moderate-to-vigorous activity

